

# *GENDER VIOLENCE*

A long time ago I heard someone talking about gender violence, but I didn't know exactly what it may be and I did not give it the necessary importance. Before, not many cases came to light as now. So this makes me think, with this advanced society can we stop gender violence? Let's analyze the issue.

On the one hand, the aggressor in cases of gender violence must have present a specific profile. Normally, he might have been a controlling person, selfish, jealous, possessive, little self-esteem, and not trust his partner. This action usually comes from profiles with his childhood or from a society. Violence is a cycle; first it produces a phase of tension, then the aggression and finally, the reconciliation or "honey moon", and then the process begins again. In this way, it is very difficult for the victim to get out.

On the other hand, focusing on victims of gender violence, she must experience a situation of constant fear, anxiety and finally isolation. These people are often in the relationship because they have negative consequences if she leaves the aggressor. Sometimes the aggressor manipulates the victim by involute the children, or because she depends economically to him. Moreover, the psychological manipulation more to physical aggression and loss of self-esteem makes this situation more difficult to solve. It is very important to support victims and help them, not only those around them but also the law and justice.

All in all, I think it is possible to stop gender violence but it is not easy. First, the most important thing is to conscient society, and from young in educational centers, teach and educate children to have respectful and equal relationships. Also, it is very important to support victims and help them, not only the people around them but also the law and justice.

By Carla Beltrà